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NEWS
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Rock remembrance

East Coast musicians kicked off a two-day benefit Sunday for the family of Jay Smith, a Cape Breton rocker who died while on tour last month in Edmonton.

PAGE 4

HAPPY HERD

MOOSE RACK UP TWO SHUTOUT WINS OVER GATINEAU

PAGE 17



SUNDAY MORNING STRETCH

Children warm up with a member of the 78th Highlanders prior to the kids' portion of the second Annual MEC Citadel Highlander Race at Citadel Hill on Sunday morning. Dozens of kids participated in the under-12 race around the famous historic site, which was followed by adult races in the five-kilometre and 10-kilometre divisions. For a photo gallery, visit metronews.ca. JEFF HARPER/METRO

Big bucks for big projects

Facelift. Funding of Spring Garden streetscape, north-end roundabouts will be up for review in council

Quoted

"We need pizza corner to be refreshed."

Coun. Wayne Mason



HALEY RYAN
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Both a busy late-night spot and a main street may be getting a fresh look this summer if funding for capital projects is approved in council this week.

HRM's audit and finance committee will ask regional council to approve a report outlining over \$13 million in funds for streetscape projects, sidewalk repairs and design work for roundabouts. "There's a lot of stuff going on in all parts of downtown," said Coun. Wayne Mason. "It's really exciting."

Mason said construction as part of the Central Library project will be on Queen Street this summer, between Clyde and Spring Garden Road as well as the intersection. "We have to show that we can do it quickly, and then the four blocks be-

tween Queen and South Park would get done next summer," Mason said.

If approved, the project would cost \$2.3 million. Another \$7 million is requested to take advantage of early tendering for street recapitalization, while \$679,500 is to be set aside for sidewalk renewals. "I'm as excited about the sidewalks on Blowers and Grafton to be done as I am about Spring Garden Road," Mason said.

Design work for two potential roundabouts on North Park Street is set to cost \$200,000, and Coun. Jennifer Watts said she hopes public feedback from recent meetings is taken into account. "Looking at pedestrian concerns, looking at cyclist concerns ... what the potential impact would be on the Commons," Watts said. "All this will be confirmed through this design stage."



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Dispute. Man shot in Dartmouth parking lot

Police are looking for a man who shot someone in the leg after a dispute broke out in a Dartmouth parking lot.

Police say a 42-year-old man showed up at the Dartmouth General Hospital at 7:40 p.m. with a gunshot wound to his lower body. Police were told by the victim he was shot after getting into a dispute with a man in a parking lot near Caledonia Drive and Kennedy Road on Friday night.

He was then driven to the hospital by a friend.

"At some point in the altercation, (he) produced a firearm and shot him in the lower body," said Staff Sgt. Reid McCoombs.

The suspect is described as a man, about 20 years old, six feet in height, with a thin build. He was wearing jeans, a dark red hoodie and sunglasses.

Police don't believe the victim and the shooter knew one another. **PHILIP CROUCHER/METRO**

Late Saturday blaze

Mobile home in Lunenburg County gutted by fire

A mobile home in Lunenburg County was gutted by a fire late Saturday.

Firefighters from two departments were called to the scene after a neighbour reported the blaze in Beech Hill just before midnight.

Western Shore Fire Chief Scott Rafuse says officials had the fire knocked down quickly, but the cause is not yet known. **THE CANADIAN PRESS**



Former Just Us! employees Elijah Williams, left, and Shay Enxuga watch Shayna George of Wolfville speak to a crowd of nearly 60 people outside the Spring Garden coffee shop Sunday afternoon. **HALEY RYAN/METRO**

Co-op accused of union busting

Just Us! coffee house.

Two workers claim they were fired for trying to form a union

EMILY KITAGAWA
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About 100 protesters gathered Sunday outside Just Us! coffee house on Spring Garden Road to support two former employees who say they were fired for trying to form a union.

But according to the coffee co-op's general manager, that played no part in the decision to let the two employees go.

"We made a completely separate business decision that

Quoted

"I'm hoping that Just Us! will realize that they need to live up to their social mandate, reinstate us, and recognize our right to form a union."

Elijah Williams

had nothing to do with unions," said Debra Moore, prior to the protest beginning on Sunday afternoon.

Moore claimed at the time of the dismissals, she did not know a union was in the making.

Shay Enxuga and Elijah Williams were both fired from Just Us! a week and a half ago. Both were also on hand at the protest.

"All they told us was that we

were no longer a good fit for the company and that we didn't have the right commitment to the co-op," said Enxuga.

Prior to their dismissal, they had been working with SIEU Local 2 to form a union. They say the majority of employees at the Just Us! location voted to join.

"In trying to form a union we just wanted to create a workplace where we could really empower the workers to

come to the table and negotiate with our employers as equals," said Williams.

Both say they had been given positive performance reviews and had not received any warnings prior to their dismissal.

Enxuga said before he was fired, "management had started questioning staff if they knew anything about employees meeting up outside of work talking about unions."

Jason Edwards of SIEU Local 2 said at Sunday's protest employees being fired for trying to form unions "happens all the time."

"We thought here it wouldn't be so common. I guess I was wrong," Edwards said of Just Us! coffee.

1 NEWS



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Music community holds benefit for fallen musician

Jay Smith. Two-day benefit at Casino Nova Scotia raising money for family trust fund

CLARK JANG
halifax@metronews.ca

Friends, family and the East Coast music community banded together Sunday to hold a benefit for Jay Smith, a Cape Breton musician who died on tour last month.

Matt Mays, Joel Plaskett Emergency, Bruce Guthro and other East Coast musicians played at Casino Nova Scotia to kick off a two-day benefit for Smith.

All proceeds from the benefit are going to the Smith Family Trust to support his family, which includes his two children.

The event Sunday featured a silent auction and four concerts — three songwriters' circles and a rock room.

"The musical community out here is as good as it gets," said Mike Campbell, the event organizer. "You're not going to go to any kind of event and see better talent than who stuck their hands up for Jay."

The 34-year-old Smith passed away suddenly on March 26 while on tour with the Mays band in Edmonton. Foul play is not suspected.

Smith was best known for playing guitar with the Matt



Bruce Guthro performs for a sold-out crowd at the Casino's Compass Room on Sunday as part of a daylong benefit concert for local musician Jay Smith, who passed away last month while on tour with Matt Mays. JEFF HARPER/METRO

Mays band, and for his own band, Rock Ranger.

Tickets for the benefit sold out in less than 48 hours, and Campbell expects

around 2,000 people to pay tribute to Smith over the two-day event, which concludes on Monday in Membertou.

Campbell said it's "not surprising" so many people turned out to support Smith and his family on Sunday.

"He was always the bright-

est light in the room and he'd have everyone laughing in five minutes."

Steve MacDougall, one of Smith's best friends and



A full house enjoys the songwriters circle at the Casino's Compass room on Sunday. JEFF HARPER/METRO

Halifax

"The musical community out here is as good as it gets."

Mike Campbell, event organizer

Passion

"He was a hardcore, old-school rocker. It was always rock 'n' roll, day till night, birth till death."

Steve MacDougall, a good friend to Smith

the frontman of Cape Breton band Slowcoaster, said Smith's love of rock was unmatched.

"He loved the audacity of rock 'n' roll. He loved the spectacle of rock 'n' roll," he said. "And he kept that alive in a day and age where things are very homogenized."



Notice of Annual Meeting

Halifax International Airport Authority will hold its Annual Meeting at:

10:00 a.m. on Thursday, May 9, 2013
Halifax Robert L. Stanfield International Airport
Terminal Building, Public Observation Deck
(Access via elevators in Main Lobby in front of Relay Books)

RSVP by May 3, 2013 to 902.873.1150 or communications@hiala.ca

Queens County

Two injured in highway crash

A man and woman are in hospital with serious injuries after a vehicle collision in Queens County Sunday night.

At about 8:30 pm, RCMP arrived on scene in Caledonia on Highway 8 where a car carrying a man and woman had left the road and overturned into a ditch.

The 29-year-old Caledonia man was transported to the South Shore Regional Hospital, while the 24-year-old Mahone Bay woman was airlifted to the QEII in Halifax.

Police say both sustained serious head injuries.

The cause of the collision is still under investigation.

HALEY RYAN/METRO

Settled soon?

Tentative teachers' agreement reached

The Nova Scotia government and the provincial teachers' union have negotiated a tentative contract.

The government says in a statement that it won't release details until teachers have ratified the deal. A ratification vote is scheduled for

April 18. THE CANADIAN PRESS

\$30,000

NSLC overcharged customers

Nova Scotia's Crown liquor company says it overcharged customers nearly \$30,000 last weekend after a computer glitch resulted in a premature hike in prices.

The company says it will donate that amount to a charity that customers can vote on at its website until Thursday. Customers can also be reimbursed if they bring their receipts. THE CANADIAN PRESS

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Burned-out Dartmouth tavern broken into

Three arrested. Cause of Friday's fire being investigated



PHILIP CROUCHER
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Three people are facing charges after a burned-out Dartmouth watering hole was broken into

over the weekend.

At 11:40 p.m. Saturday, police received a 911 call about a break-and-enter at Neighbours Tavern at 50 Rodney Rd. Police say several people broke into the business, stole property and then stored it at a nearby building.

When officers arrived, three people were immediately arrested. A warrant was then obtained and officers searched

Not connected

Police say the break-and-enter does not appear to be connected to the fire.

a residence in the 300 block of Portland Street and allegedly found stolen items, which included electronic equipment.

Three people are facing

charges in the incident. A man, 42, is charged with break-and-enter and breach of conditions. Two other men, aged 21 and 19, are charged with break-and-enter. One man is due in court on Monday. The other men will appear in court at a later date.

The incident comes one day after a fire broke out inside the tavern. An investigation into the cause of that blaze continues. **WITH FILES FROM CLARK JANG**



Neighbours Pub in Dartmouth is closed after a fire Friday. JEFF HARPER/METRO

Budget 2013-2014

The 2013-14 Budget has benefits for families, seniors and students that help make life and school a little more affordable. There are also benefits for small business owners that will help grow our economy and create jobs for Nova Scotians.

Find out what's in the budget for you at novascotia.ca

Seniors

More seniors will be exempt from paying provincial income tax.



Families

Establish children's centres to provide access to support services for families of young children.



Small Businesses

Reduce the small business tax.



Students

Increase investment in student assistance including the loan-to-grant ratio and the maximum weekly student allowance.

NOVA SCOTIA

Crime. Man charged with more apartment break-ins

The suspect

Kem Chimezie Chindah is a former Saint Mary's student.

A 26-year-old man charged for allegedly breaking into four Saint Mary's University residence rooms is now accused of trying to break into two apartments on Barrington Street, including one where a woman awoke to find a stranger standing in her bedroom.

Police were called to Peninsula Place last Sunday at 5 a.m. as a 23-year-old woman awoke to a man standing in her bedroom.

She told him to leave and he did so immediately.

The man, according to police, got into the apartment through an unlocked door.

During its investigation police say a 19-year-old man who lived in the same apartment complex told officers of a similar incident.

He said a man matching the description of the suspect entered his unlocked apartment shortly before 5 a.m.

The victim confronted the man as he entered and the suspect fled. The man wasn't injured and nothing was stolen.

From its investigation, police charged 26-year-old Kem Chimezie Chindah of Halifax on two counts of break-and-enter and six counts of breach of a court order.

He appeared in Halifax provincial court Friday to face the six charges.

Police spokesman Const. Pierre Bourdages said Chindah was arrested after appearing in court on Thursday on the matter of the Saint Mary's break-ins.

PHILIP CROUCHER/METRO

Reita Louise Jordan. Police asking for public's help in locating missing woman

Police are asking for the public's help in locating a missing Halifax woman.

Tantallon RCMP say they received a report about the missing 34-year-old woman — Reita Louise Jordan — who was last seen on March 19 by friends in Halifax. She hasn't been seen or heard from since.

Police say they have been checking businesses and other police agencies, along with family and friends, since she was reported missing, but haven't been able to find her.

Anyone with information on her whereabouts is asked to contact Halifax police or



Reita Louise Jordan HANDOUT/RCMP

Crime Stoppers at 1-800-222-8477. **PHILIP CROUCHER/METRO**

Balanced budget coming under opposition scrutiny in legislature

Finance. Examination of fiscal document taking place this week

Nova Scotia's opposition parties are gearing up to fight the NDP government's assertion that its spring budget is balanced.

The \$9.5-billion budget forecasts a small surplus of \$16.4 million and a line-by-line examination of the fiscal document is scheduled to begin in the legislature on Monday.

Both the Liberals and Progressive Conservatives say the budget would not get an easy ride through the legislature.

Liberal finance critic Diana Whalen said Friday the budget is a political document that creates the illusion that the books are



Finance Minister Maureen MacDonald briefs reporters about the budget prior to delivering it in the Nova Scotia legislature last Thursday. JEFF HARPER/METRO

balanced before an election, which is expected some time later this year.

Whalen zeroed in on a

\$34-million pre-payment to two universities recorded on last year's books as an indication that the budget

isn't truly balanced.

"It is built on a false assumption," said Whalen. "It doesn't hold water and

I think it's our job to point that out."

When the budget was tabled Thursday, Finance Minister Maureen MacDonald said the pre-payment was made at the request of Acadia University and NSCAD University.

She said it wasn't unusual for a government to make such a payment.

Progressive Conservative Leader Jamie Baillie said Friday that finance officials have told him the payment was made on March 28, the final business day of the last fiscal year.

Baillie said there was no advantage for the universities in getting the money on March 28 instead of the first day of the new fiscal year on Monday.

"That was done for only one reason and that is to create the appearance of a surplus in the budget and

Quoted

"We did what we did to get the budget back to balance, and I think it has all been reasonable." Premier Darrell Dexter

that's wrong."

Premier Darrell Dexter said critics of the budget seem to be holding his government to a higher standard than those in the past, pointing to several previous budgets that have projected small surpluses.

Whalen said the Liberals would also question the government's revenue projections when the legislature resumes this week, while Baillie said he wants to examine the government's accounting practices. **THE CANADIAN PRESS**

Vote. Baillie running in Cumberland S.

Progressive Conservative Leader Jamie Baillie will be the party's candidate in Cumberland South in the upcoming provincial election.

Baillie, who is the current MLA for the riding, was nominated at an event in Springhill on Saturday

evening.

In a news release, Baillie says he's ready for an election to be called.

He says his plans for the province include lowering the harmonized sales tax, freezing power rates and investing money in education. **THE CANADIAN PRESS**



Jamie Baillie METRO FILE

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Human-trafficking trial set to begin

Ottawa. Three teen girls charged with assaulting, robbing other teens, and forcing them into prostitution



JESSICA SMITH
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A human-trafficking and prostitution trial set to begin in Ottawa youth court on Monday is expected to shed light on how police came to accuse girls as young as 15 of running a prostitution ring.

Ottawa police say the female victims were lured online by the accused to social events, then taken to an Ottawa Community Housing unit. There, police allege, the girls were assaulted, threatened and driven to another location and forced to perform sex acts with johns.

Two of the accused were 15 and one was 16 at the time of the alleged crimes last year. They are charged with human trafficking, procuring for prostitution, forcible confinement, robbery, assault and uttering threats.

The victims were 13 to 17 years old at the time. The first victim was sexually assaulted and robbed of her iPod, clothing, makeup and bag between May 16 and 19, court documents allege.

The second victim was trafficked on May 30 to 31, court documents say. The youngest victim, aged 13, was the last. She was allegedly trafficked by the girls on June 3.

The mother of one of the victims told Metro after the arrests last year that the accused teen girls offered her daughter a chance to become a prostitute. After she refused, they turned their sights on her.

"They said you can be an escort and make lots of money," said the woman,

The bigger picture

- Public Safety Canada defines human trafficking as "recruitment, transportation, harbouring or exercising control, direction or influence over the movements of a person in order to exploit that person." Many victims are forced into prostitution; others are forced into labour.
- About 90 per cent of Canadian human-trafficking charges are domestic and don't involve people crossing international borders.
- Between 2001 and 2011, police forces across the country laid 31 charges against young offenders (under 18) for living off the avails of prostitution and procuring for prostitution.
- It's rare for a minor to be charged with human trafficking.

who, to protect her daughter's identity, cannot be named. "She asked them, 'Isn't that when you have sex for money?' and they said, 'Yeah, you can make a lot of money.' She said, 'No, I don't do that,' and it escalated after that.

"As simple as that, and then they turned," she said. "There was three against one."

The woman said her daughter is still terrified after being robbed, beaten, held for hours, forced into an encounter with a john and threatened repeatedly with having her throat slit.

"She beat my daughter mercilessly in the face and the nose, kept punching her over and over again," she said of one of the accused.

Her daughter was confined, but escaped and came home, she said.



A young woman works the corner of Gerrard and Jarvis streets in downtown Toronto. Police say that the victims and perpetrators in human-trafficking cases are often surprisingly young.

TONY BOCK/TORSTAR NEWS SERVICE FILE

Coercion. Cops seeing young victims, victimizers

Victims and perpetrators in human-trafficking cases are often younger than anyone would like to believe, says a detective who specializes in prostitution cases.

Det. Mark Benallick works in the special-victims section of the Toronto police force. His officers lay a human-trafficking charge, which carries a maximum prison sentence of 14 years, when they see a victim being controlled and exploited through threats and coercion.

"We're finding a lot more of these occurrences where it's younger people, under the age of 18, even 16, who are being victimized and turned out to work in the sex-trade industry," he said.

"The people who are exploiting them aren't much older," he added. "I guess the stereotype that a lot of people think of is of somebody much older, savvy to the business and knows how to play the game. But it's young people who are realizing just how lucrative prostitution can be."

Most of the prostitution-related trafficking in Ontario is domestic, he said. "It's happening right here. One day they're posting on the Internet out in Kingston and then the next day they're in Barrie. You can follow that trail."

Benallick cites the case of a 16-year-old girl accused of delivering two girls she was living with in a group home to a prostitution ring in Toronto. The courts will take her situation and age into account, he said.

"But there comes a time where you have to make choices, and now you've crossed a line: Maybe you're not so much a victim anymore; you're choosing to victimize someone else."

The full effect of human-trafficking laws remains a grey area, since some major cases are still working their way through the courts.

"The human-trafficking charges have only been around since 2006. It's building. With every year, there are new cases that go through the system that build the case-law base that we have," he said. JESSICA SMITH/METRO



Mark Benallick

Female violence rooted in family dysfunction

Girls pimping girls not new: Researcher

It's not uncommon for girls to become pimps and to force or procure other young girls into prostitution, says a professor who researches violence among girls.

Sibylle Artz, former director of the School of Child and

Youth Care at the University of Victoria, began researching violent girls in the 1990s and also studied the case of Reena Virk, a 14-year-old girl who was beaten and murdered by teenagers near Victoria in 1997.

In the wake of the Virk case, Canadians were searching for answers for how girls could be so aggressive and violent. Artz's research offers some explanations.

"In talking about prostitution, we're talking about the power over other peoples' bodies," she said.

Girls who pimp out other girls typically come from deprived backgrounds and family problems, where unhealthy views about women mean they are quickly turned into sex objects, Artz said.

"The whole idea that a woman is a sexual commodity is very clearly spelled out

in the minds of those among whom these girls live," she said. "They see that one way to become powerful and in control is to be the person who is the perpetrator rather than the victim."

Boys who pimp often follow a similar path.

"It's a terribly sad story," she said. "But it's a reflection on some level of the propensity to see girls and young women as saleable commodities."

When the public is scared or shocked upon learning about young girls committing acts of violence, it's a good thing, she said.

"I'm glad we're shocked. That we are shocked is an indication that this is something we don't hold as a norm. What we have to figure out is how to help these girls, and certainly we have to figure out how to help their victims."

JESSICA SMITH/METRO

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Airstrike kills 11 children: Afghan officials

Afghanistan. Interior Ministry says U.S.-led coalition killed six Taliban in operation

A fierce battle between U.S.-backed Afghan forces and Taliban militants in a remote corner of Afghanistan left nearly 20 dead, including 11

Afghan children killed in an airstrike and an American civilian adviser, Afghan officials said Sunday.

The U.S.-led coalition said it was assessing the incident but could not confirm that civilians were killed.

It also stressed that the airstrikes were requested by international forces. A strike in the same area, which killed 10 civilians last year,

prompted Karzai to ban his forces from requesting coalition airstrikes.

Officials said the airstrike occurred after a joint U.S.-Afghan force faced hours of heavy gunfire. The country's Interior Ministry said six Taliban were killed in the battle.

The battle unfolded on Saturday, the same day that six Americans were killed in attacks. **THE ASSOCIATED PRESS**

Fighting season

The fighting on Saturday showed Afghanistan's spring fighting season is underway.

- **Test.** This year's will be closely watched because Afghan forces will have less international support.



An Afghan boy sits on his cart as he waits for customers in the old town of Kabul on Sunday. ANJA NIEDRINGHAUS/THE ASSOCIATED PRESS

Toronto. Police say four women sexually assaulted male teen in parking lot

Police are searching for four women, all in their 30s, after a 19-year-old male was allegedly sexually assaulted in a downtown parking lot in Toronto on Saturday night.

The teen met the suspects at a nightclub in the city's entertainment district, Toronto police say. He left the club with the women after they offered him a ride home.

According to police, the

19-year-old was driven to a parking lot where he was allegedly sexually assaulted by all four suspects.

The teen was released after the attack, and the women fled in a silver Honda SUV.

All suspects are described as white and between 30 and 36. They were last seen wearing short black dresses and high heels.

TORSTAR NEWS SERVICE

Federal Liberals

Trudeau leading buzz as vote starts

Liberals have begun casting ballots to choose a leader they hope will guide them out of the political wilderness.

Voting began shortly after the six contenders made their final sales pitches at a national showcase on Saturday.

Some 127,000 Liberal party members and supporters are eligible to vote. The results will be announced next Sunday.

The outcome has been widely seen as a foregone conclusion since Justin Trudeau first launched his campaign.

Trudeau's entrance, accompanied by music and throngs of chanting supporters, was in stark contrast to the others' subdued demonstrations.

The front-runner used his final pitch to launch a pre-emptive strike against the Conservative attacks that are inevitably coming if he wins.

None of his rivals made any direct attacks on Trudeau, whose supporters dominated the crowd.

THE CANADIAN PRESS

Federal budget

Cuts hurting access to info: Watchdog

Cuts to the federal budget may be disrupting citizens' right to information about the government, a parliamentary watchdog warns.

Suzanne Legault, Canada's information commissioner, says her office has seen a sharp rise in complaints about departments taking too long to answer requests under the Access to Information Act.

The increase is likely linked to budget cuts that will remove 19,200 public servants from the federal workforce by 2015, Legault says in a new report.

"We're now back to an all-time low in timeliness," Legault said in an interview, citing statistics released in December.

The percentage of requests answered within the basic 30-day time frame specified by the Act hit 55 per cent in 2011-2012, the lowest ever and down almost five points from when the Conservatives first formed government in early 2006. A decade ago, 66 per cent were answered within 30 days.

THE CANADIAN PRESS

ENERGY 103.5
The Perfect Music Mix

porter **Mary Browns**
Toronto Children & Youth

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Student editing help gets Wikipedia crabby

'Anyone can edit?'
Online encyclopedia isn't quite as keen on crowdsourced content as previously thought

A recent dust-up between Wikipedia and Canada's largest university raises questions about how collaborative the popular website that bills itself as "the free encyclopedia that anyone can edit" truly is.

The online information portal recently took a professor from the University of Toronto to task for one of his classroom assignments.

Steve Joordens urged the 1,900 students in his introductory psychology class to start adding content to relevant Wikipedia pages. The assignment was voluntary, and Joordens hoped the process would both enhance Wikipedia's body of work on psychology while teaching students about the scientist's responsibility to share



Psych 101: Part of Wikipedia's entry on psychologist Abraham Maslow. SCREENGRAB/WIKIPEDIA

knowledge.

But Joordens's plan backfired when the relatively small contingent of volunteer editors that curate the website's content began sounding alarm bells. They raised concerns about the sheer number of contributions pouring in from people who were not necessarily well-versed in the topic or adept at citing their research.

Discussions in the Wikipedia community became very heated with allegations that articles were being updated with erroneous or plagiarized informa-

Too many cooks

"I assumed that the current core of editors was extremely large and that the introduction of up to 1,000 new editors would be seen as a positive."

University of Toronto professor Steve Joordens

tion. Some community members called for widespread bans on university IP addresses and decried the professor's assignment as a needless burden on the community.

Joordens issued a statement defending his students, saying only 33 of the 910 articles edited were tagged for potential problems. But he also acknowledged that he did not understand the limited scope of the Wikipedia editorial community, which boasts a few thousand members compared to the more than 488 million people who visit the site every month. **THE CANADIAN PRESS**

Foreign workers. RBC facing customer backlash over report

The Royal Bank of Canada was scrambling to explain its hiring practices to customers Sunday after a media report claiming the bank was employing foreign workers to replace Canadian staff prompted a flood of outrage.

Canada's largest bank said it has not hired foreign workers to take over the job functions of current employees, but said it uses external suppliers as one of its strategies to improve "operational effectiveness."

The bank's move to clarify its hiring strategies came after a CBC News report that quoted a Toronto employee working in IT systems support for RBC Investor Services who said he and

Online outrage

- On Facebook, a Boycott Royal Bank of Canada group had over 2,000 "likes" by Sunday evening.

dozens of others were losing their jobs to temporary foreign workers.

RBC said it would discuss the situation with government officials. That wasn't enough to placate a number of Canadians who took to the Internet to express their anger at what many called unfair hiring practices. **THE CANADIAN PRESS**



RBC says it has not hired foreign workers to take over the job functions of current employees. **THE CANADIAN PRESS FILE**

Providence, R.I.

Empty 'Superman building' is symbol of economic slide

Rhode Island's tallest building will soon be the most visible symbol of the state's long economic decline.

The skyscraper, known as the "Superman building" for its similarity to the Daily Planet headquarters in the old TV show, is losing its sole tenant this month. It's a blow for the state, which had 9.4 per cent unemployment in February and has had one of the worst jobless rates in the U.S. for years. **THE ASSOCIATED PRESS**

Jerusalem

Hackers target Israeli websites

A weekend cyber-attack campaign targeting Israeli government websites failed to cause serious disruption, officials said Sunday. The attacks followed warnings by hacking group Anonymous that it was launching an attack. **THE ASSOCIATED PRESS**

Ask the Experts

Recycling Jewellery — Good for You, Good for Our Environment

Do skyrocketing gold prices have you wondering what your old gold jewellery could be worth? It likely means a substantial payout for you and it would definitely be invaluable to our environment.

Mine Waste

The quest for gold is nothing new. With this precious metal being mined for thousands of years now. Much of what remains today is microscopic and being wrung from the earth at an enormous environmental cost, most often in the world's poorest corners. Did you know that one single wedding band generates between 20 and 30 tons of mine waste? The extensive use of cyanide has made some mining operations comparable to nuclear waste dumps — rendering surrounding drinking water unsafe and causing irreparable damage to wildlife and vegetation. On average, one gold mine uses 1,760 tons of cyanide each year. A rice grain-sized dose can be fatal to humans. In North America, metal mining is responsible for the significant majority of arsenic, mercury and lead emissions.



Land Destruction

Among the top 20 gold producing countries, the majority are developing nations who are often dominated by mining companies and their bottom lines. The result is unapologetic and devastating destruction of land. Open-pit mining practices obliterate landscapes, flatten mountaintops, produce eight to 10 times more waste than underground mines, and leave craters so vast that some are visible from space.

Rethink Recycle

There is more gold sitting hidden in our jewellery boxes and drawers than in mines around the world. Yet only 25 per cent of the current demand for gold is met with recycled material. That portion could easily be increased five to 10 per cent with the items cluttering our drawers. By recycling your old and unwanted gold jewellery, you can be certain you are doing something meaningful for our environment. By recycling your jewellery with Recycle Frog, you can be certain that you will receive among the Maritimes' highest payout, from one of Eastern Canada's fastest growing and most trusted precious metal recyclers. Get a competitive, haggle-free offer for your old gold and silver by visiting them in person simply at many convenient, public events or pre-scheduled appointments at their Terrace Professional Centre office located at 647 Bedford Hwy, Halifax.

You can also call Recycle Frog directly at 902-405.4114 or visit www.recyclefrog.com for more information.



NDP BUDGET NO DIFFERENT

Did Darrell Dexter balance the budget? Is the Pope Argentinian? Depends on which pope you mean. And what you mean by balance.

The perhaps more relevant pre-election questions out of last week's legislature exercise: Would the other parties have done anything different in either the budget's broad strokes or in its jiggery-pokery, see-we-kept-our-promise presentation?

And, setting aside for the moment everyone's OCD-like obsession with balanced budgets, is there anything good and/or different to be said about this NDP budget?

The answer to the first question is easy: No.

One of the lessons learned from electing our first "democratic socialist" government four years ago is how little party labels matter.

This NDP has continued the dream-big-or-go-home Tory-Liberal tradition dating back to at least Robert Stanfield, doling out wing-and-a-prayer pots of taxpayer dollars to multinational cor-



URBAN COMPASS

Stephen Kimber

halifax@metronews.ca

porations — can you say Dae Woo? — for jobs that never seem to materialize.

And, like governments of all stripes everywhere, the NDP claims to worry about deficit and debt while implicitly subscribing to reality-discredited tax-cutting-to-prosperity theories. It continues to cut corporate taxes that help fund programs it then has to cut in order to pretend to bring down the deficit.

Throw in the uncontrollable constraints of a high Canadian dollar, an aging provincial population, declining federal transfers, corporate non-reinvestment and the torrent-down joblessness of the global non-recovery ... and you end up with an NDP budget that, in its broad outlines, probably resembles what Stephen McNeil

or Jamie Baillie would have presented.

And McNeil and Baillie would almost certainly have engaged in the same reality-adjusting, future-finessing, Pollyanna presentation as the NDP to peddle it.

Minor increases

Even in the current slice-and-dice-to-balance atmosphere, the NDP did play at its progressive edges.

Which brings us to the tinkers.

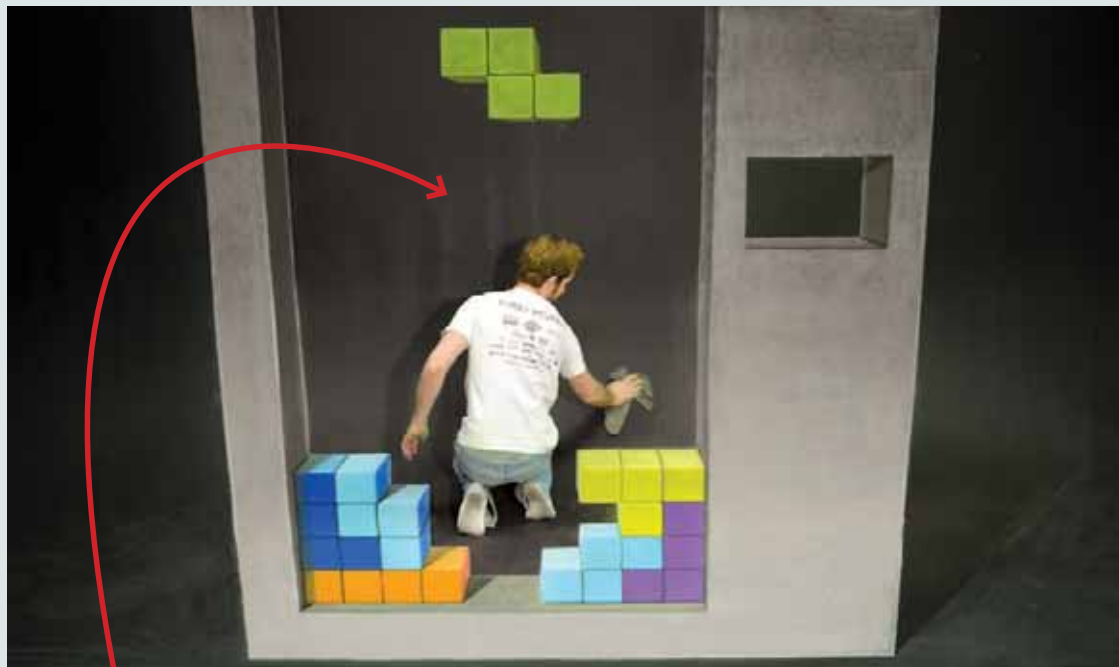
Even in the current slice-and-dice-to-balance atmosphere, the NDP did play at its progressive edges. There were minor increases for those on income assistance, more funds for low-income housing, an upped age limit for free kids' dental care, modest tax breaks for low-income seniors and laudable, targeted new spending from insulin pumps and newborn screening to head-start education programs for poor children.

It's not much — maybe \$12 million in a \$9.5-billion budget — but, from a progressive point of view, it's probably more than we could have hoped for from the Liberals or Tories.

Is it enough?

ZOOM

Chalk this one up to dedication



CHRISCARLSONART.COM

The next level of Tetris: Flip-book art

Artist Chris Carlson is known for his anamorphic 3D stop motion videos. Using chalk, he draws different images and animates them by taking different pictures of his work and putting them together like a flip-book.

In his latest video, he

pays homage to the iconic puzzle game Tetris.

Although art is his passion, Carlson didn't always set out on this path. He initially went to business school and received a finance degree. However, after seeing 3D chalk drawings on the Internet, he decided to give it a try.

METRO WORLD NEWS

Game boy



"I needed some art for my walls. It was the first time I tried to do a painting so I did a lot of abstract work."

Chris Carlson said of his first project.

Just a block of time

40 hours

It took Carlson 40 hours to complete the 50-second video, which he did in four 10-hour days.

"There were days where I thought I was going to go crazy in the studio drawing Tetris block after Tetris block," he admitted.

Visit chriscarlsonart.com.

It's all about curb appeal. Thousands join in for street-cleaning party

News worth sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate people, inspiring projects and stories worth celebrating. Here's just one.

How do you lure 200 volunteers to a Sunday afternoon street-cleaning party?

"With high fives and hugs!" says TJ Maguire, co-organizer of Get Down Halifax. Inspired by the keynote speaker at an urban-planning conference, Maguire enlisted his friend Jared Dalziel to help launch a Facebook event for a street-cleaning party that attracted 2,000 invitees within hours.

"It was crazy for us to get something rolling that quickly," says Dalziel.

The event was full of surprises — like cancelled road closures. With two lanes of traffic cutting through their street party, the broom-wielding flashmob moved

to the sidewalk and set up safety pylons.

Volunteers swept winter debris and slapped fresh paint on lampposts while dancing and high-fiving. Even the fire department showed up to hose down the street.

"Everyone turned into children when the firefighters came," Maguire says.

Follow Get Down Halifax on Facebook at facebook.com/GetDownHfx and keep an eye for their shenanigans at the Great Nova Scotia Pick-Me-Up April 19-20.

CRAIG AND MARC KIELBURGER

Craig and Marc Kielburger are founders of the international charity and educational partner Free The Children. Its youth empowerment event, We Day, was in eight cities across Canada this year, inspiring more than 100,000 attendees.

Email them for more information and to get involved. Help the good news get around. Send your stories to goodnews@metowe.com and we'll share them right here.

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Harrison Ford and Chadwick Boseman star in 42, which opens this Friday. HANDOUT

Ford's pitch for civil rights

Baseball breakthrough. Star doesn't know much about sports, but he has plenty to say about issues of equality



NED EHRBAR
Metro World News in Hollywood

Before you ask, Harrison Ford doesn't want to talk about Star Wars. Or Indiana Jones or other franchises that he may or may not be taking part in again. "Ain't going there," he offers simply. And he's not much interested in the broader workings of Hollywood as an industry as far as why certain types of films have a better chance of getting made

than others. But social justice issues? He has plenty to say about those. That's a big reason why he took on the part of Brooklyn Dodgers general manager Branch Rickey, the man who brought Jackie Robinson on as the first African-American player in major league baseball.

You were a kid when the events in 42 happened.

I was born in 1942. I wasn't a big baseball fan, so I think it went largely unnoticed in our family. My parents were old-style Democrat liberals and they were very interested in social justice, but because we weren't so involved in baseball we didn't really so much notice, and I think they were very involved and vocal when it came to the civil rights

movement years later, but by then I had fled the nest. So I vaguely knew that something was happening, but I wasn't a sports fan, didn't follow sports.

Did you ever become a baseball fan?

Nope, nope. You know, I learned what I needed to learn about the business of baseball, what was going on in baseball and who these characters were that were coming into my office as elements in the story. But that's the depth of my knowledge.

Do you see any parallels between Robinson's story and the current battle for marriage equality?

I think there's a metaphor you can reach for, according

to your own interests and your own understanding and your own issues. But trying to create the best expression of the ideals — the most equal society, the best-regulated society, the best-behaving society — depends on attending to equality and inequity whenever it rears its ugly head. Certainly the marriage issue conveniently falls into that category.

It's remarkable how quickly opinions on it have been changing over the last few years.

Yeah, things do change quickly at a tipping point, as it builds and it builds and it builds until there's a moment where the balance of opinion, the weight of experience and the understanding comes to a point

where the scales tip in the other direction. We're getting there, we're getting there. You know, you would hope that it would have happened with less resistance. You would have hoped that everyone would get the point at the same time, but life's not like that.

You recently worked for a bit on Anchorman 2.

I went to Atlanta to do a cameo in Anchorman 2 — if you call that work. It felt like a goofy dream. It's a whole different ball of wax.

Is that character anything like the TV news man you played in Morning Glory?

Dangerously close, unless what I did to get distance between the two of them worked.

2 SCENE



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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week

Selena is so over Bieber, Lady Gaga is so over her old wheelchair



STARGAZING
Malene Arpe
scene@metronews.ca

Lady Gaga switches her post-operation 24-carat gold wheelchair for a Louis Vuitton wheelchair. In unrelated news I just switched my moderate queasiness to full-blown nausea.

Robert Pattinson and Kristen Stewart reportedly spent the Easter holidays together. They enjoyed ham, chocolate, clumsy hugs and awkward silences.

Selena Gomez says she isn't looking for a boyfriend after breaking up with Justin

Bieber. Understandable. After dating a no-shirt-wearing, neighbour-aggravating, drop-crotch-pants-loving, too-many-cars-owning, non-stop-partying, and compulsively-in-stagramming-monkey fancier it would be difficult to settle for less.

This week Lindsay Lohan allegedly took home a whole bunch of stuff from the Anger Management set and she was photographed hiding under a table on a dirty floor in a Brazilian night club. Even Justin Bieber is concerned.

Madonna's alcoholic brother, who lives under a bridge, says Madonna doesn't "give a bleep if he's dead or alive". Says a rep for Madonna: "That's not true at all. Once upon a time Madonna and two billy goats came upon her brother's bridge and tried to pass and it became this whole thing. Not her fault at all."

Amanda Seyfried is mistaken for Lindsay Lohan at an air-



port. That explains Amanda's emergency face tattoo and sex change surgery.

Dido says son Stanley wasn't named after Stan, her famous collaboration with Eminem. She does however admit that her tea's gone cold on several occasions.

HBO's Game of Thrones is renewed for a fourth season. The House of Duh is not surprised.

Twitter



@jason_mr az
My phone's about to die. I hope it comes back as a taco.



@mcgregor_ewan
Outside Bath at @ElQuestro Homestead. Had to do a paparazzi sweep of the rocks first!



@ElizabethHurley
Help please! Idiot proof instructions on how to post on Instagram!!



@lenadunham
I do occasionally wish I was more theoretical and more slim in that odd way poets often are

Halle Berry expecting baby boy

Halle Berry is pregnant, her rep tells Us Weekly.

"We can confirm that Halle Berry and Olivier Martinez are expecting a child," the rep says. Sources tell TMZ that the bundle of joy will be a boy, providing a baby half-brother to five-year-old Nahla, Berry's daughter with ex-boyfriend Gabriel Aubry.

Berry and Martinez, who met while filming Dark Tide, have been engaged for a little more than a year.

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NEW BUILDING

Secret to parenting equality? Saving time

New book. Metro's family columnist weighs in on Facebook chief operating officer's new book



IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

Chief operating officer of Facebook, Sheryl Sandberg, is encouraging women to "Lean In" to their careers, with her book of the same name. Essentially, she is tackling the age-old dilemma of how women should compete in a "man's world."

She argues that unless women approach a relentless pursuit of success at the office, we will never be able to achieve equality at home, both in terms of domestic responsibilities and raising the kids. According to Sandberg, one day the sight of watching a man do laundry will be "sexy."

While I'm not sure about that — productive, useful and obvious come to mind far before the word sexy does — I do agree that we need to find ways to be more efficient at home to get some equal footing.

In fact, as I wrote about in my new book *I Am So The Boss Of You: An 8 Step Guide To Giving Your Family The Business* I concur that applying a more structured approach to the home is one way to get some control into the "wild ride" of parenting. And part of that structure has to include an equalization of domestic duties.



Dad's cooking doesn't get questioned by the kids nearly as much as mom's. iStock

ies. But ultimately I don't think that moms will have achieved equality with dads until we can save time like they do.

Only a dad can throw out kids' artwork without attempting to a) hide it under all the recycling first or b) photographing and scrapbooking parts of it first or c) feeling guilty about it for a week. Not so for us moms.

Dads can call a slopped together meal Cowboy Casserole and get the kids to eat it without them once questioning

the origin or the pedigree of the ingredients. I usually have to prove to them why my cooking isn't bad.

And how about the amount of time moms spend on making sure that we dress ourselves appropriately? Just consider how easy life would be at home if we didn't mind throwing on socks and sandals while proudly parading around in corporate logoed golf-shirts. Think of the accumulated minutes we could save just by not tucking in a shirt on the weekends.

But that's not all. Until we can liberate ourselves from the brain space required to know the last time the seven-year-old had a shower, the 10-year-old went to the dentist or the 14-year-old cracked open a textbook, most moms will still be more worried about falling over (with exhaustion), than leaning in.

KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH.

Exclusively online

Family-friendly brunch: where the restaurant is overrun with screaming children. Follow the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices.



New mom memoirs

Everything is Perfect When You're a Liar

Kelly Oxford is one of Twitter's favourite personalities. Go behind the scenes of her family life in her new collection of essays, out now.

Baby Steps: Having the Child I Always Wanted (Just Not As I Expected)

Actress Elisabeth Röhm details her struggles with infertility while trying to remain in the Hollywood scene.

Moms Who Drink and Swear: True Tales of Loving My Kids While Losing My Mind

Nicole Knepper chronicles the utter lunacy that comes with being a parent, with glass in hand.

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3
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E

You've boiled and fried it, so why not bake it as well?

KAREN HUMPHREY
YummyMummyClub.ca

As a child, baked rice was one of my favourite side dishes.

Back in the '70s, packets of pre-seasoned rice mixes weren't nearly as popular as they are today, and many foods were made from scratch instead. Forget about the excessive amounts of salt and dried out veggies in the packaged mixes, this version gives you loads of healthy veggies and real food ingredients.

1. Pre-heat oven to 350 F.
2. In an oven proof Dutch oven over medium heat, melt about 1 tbsp butter. Add the onions, celery, garlic and chili, and sauté until softened, about 5 minutes. Stir in the carrot and continue to sauté another 2 minutes.
3. Add the rice to the pot,



Make this a meal by adding garlic shrimp or chicken. KAREN HUMPHREY OF YUMMY MUMMYCLUB.CA

stirring and cooking about a minute before pouring in the chicken broth and zest over top. Bring to a boil before covering with lid and putting pot in the oven to bake 40 minutes.

4. Remove pot from oven, then stir in the frozen peas, parsley, thyme and almonds. Put the lid back on the pot and allow it to sit for a few minutes. The heat from the rice will thaw the peas

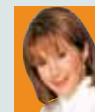
Ingredients

- 1 tbsp butter
- 1/2 cup onion, chopped finely
- 1/2 stalk celery, chopped finely
- 1 garlic clove, minced
- 1 thai chili, seeded and minced finely (optional)
- 1/2 carrot, peeled and chopped finely
- 3/4 cup long grain white rice
- 1 1/2 cup chicken broth
- 1 lemon, zested
- 1/3 cup frozen peas
- 2 tbsp chopped fresh Italian parsley
- 2 tsp chopped fresh thyme
- handful of chopped almonds
- salt and pepper to taste

and warm them through, and the cold peas will cool the dish a little. Season with salt and pepper. **YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD.**

Healthy eating

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her on twitter @rosereisman

Everyone's favourite fast food chain offers a multitude of options. However, take into account the calories, fat and sodium of popular items to make a better choice.



McDonald's Angus Deluxe

780 calories / 47 g fat / 1,660 mg sodium

Angus beef is fattier than regular burger meat. The premium bun is 240 calories and 540 mg of sodium.

Equivalent

A McDonald's Angus Deluxe is equal in calories to a 13 oz (369 g) New York strip loin steak.



McDonald's Big Mac

540 calories / 29 g fat / 1,020 mg sodium

The Big Mac is a better choice with close to a third less calories, fat and sodium.



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Benefits or bucks?

Pennies vs. protection

It's not all about the number that shows up on your paycheque

YLVA
VAN BUUREN
CareerBear.com

OK, how much you make matters — it dictates where you live, where you shop, whether or not you can afford a holiday this year, or a new car. But pay attention to the benefits package the new job is offering, because benefits can be as good as money in the bank.

Salary can be one of about a dozen components of a job offer, and those components, ranging from financial incentives to holiday time, are all considered benefits in today's workplace, according to Stefan Danis, CEO of Mandrake and NEXCareer.

"Benefits are in many ways far more important than salary because of the sheer number that can be on the table," says Danis. "And in effect, they do equal real dollars."

Companies are increasingly looking at their workforce as individuals, as opposed to

Rich in resources

"Benefits are in many ways far more important than salary because of the sheer number that can be on the table. And in effect, they do equal real dollars."

Stefan Danis
CEO of Mandrake and NEXCareer

groups, and providing as much customization of benefits as possible. "One person's needs are different from another's. One might need an optometrist, another might need a dentist," says Danis.

"I recommend that when people negotiate a job offer, they have a written map of what they need and what they want in terms of money and benefits. If the employer can meet or exceed the need, great."

Here is a checklist of different benefits to weigh against the salary being offered.

Bonus

Find out exactly how your bonus is measured and ensure you can deliver. If it's a bonus that will be earned over both

a short and long term, one strategy is to negotiate a lower amount in the short term but substantially more later, says Danis.

RRSP contributions and pension

Retirement income plans used to be the hallmark of benefits but they're not so much anymore, says Danis. Be sure to read the fine print if they are.

Performance appraisal

"Many organizations will review your salary 18 months after joining ... try to accelerate the review," says Danis.

Technology

Does the company supply equipment such as cellphones, iPads, tablets and laptops?

Transportation

Depending on the job, travel allowance, parking and car allowance can be important.

Holidays

Holiday time can be a deal breaker, says Danis. "People will fight harder against having to take less holiday time than less money." If a person has three weeks where they are now, they'll want three weeks where they're going.

Mooseheads run up scores on Olympiques

QMJHL. Halifax hits the road with a 2-0 series lead after outscoring Gatineau 12-0



ANDREW RANKIN

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Not even Dominique Ducharme predicted such a thorough pummelling.

But the Halifax Mooseheads' head coach witnessed his squad rise to the occasion over the weekend, outscoring the Gatineau Olympiques by a combined 12-0 in games 1 and 2 of their second-round playoff series.

"If you asked me before this series if we would have had two shutout wins, I would not have made that prediction," said Ducharme. "But with (Zach) Fucale in net to our D's and the commitment our forwards have made playing without the puck, we were able to make that happen."

Coming off a nine-day lay-off after their first-round series sweep, the Mooseheads showed zero signs of rust in Game 1 on Friday, registering four unanswered tallies in the first period alone.

From there the Herd dominated in every facet of the game, overwhelming an outmatched Gatineau squad 7-0.

"It was a great group effort," said Mooseheads forward Darcy Ashley after that win. "We can credit our coaching staff for that. They made us battle all week, that's what we need to do."

The Olympiques produced a better effort less than 24 hours later, keeping the Herd



Halifax Mooseheads defenceman Austyn Hardie celebrates with goaltender Zachary Fucale after a 5-0 win over the Gatineau Olympiques in Game 2 of their series at the Halifax Metro Centre on Saturday night. JEFF HARPER/METRO

off the board in the second period, but the Mooseheads charged ahead with a three-goal third period en route to a 5-0 victory.

"It was a great team effort," said Mooseheads defenceman MacKenzie Weegar after Game 2, which saw 22 penalties called. "Teams are trying to get at us after the whistles and stuff like that but the boys are staying focused and disciplined. We're keeping our composure, that's a big reason why we won tonight."

The Mooseheads have outshot the Olympiques 69-33. Still, Fucale was sharp when he needed to be in back-to-back shutouts.

"My teammates made it easy on me," said Fucale. "We committed ourselves on the ice, we paid the price tonight and we were rewarded."

So far in the series the Mooseheads' big guns have showed up too, with Nathan MacKinnon and Stefan Fournier leading the way with five points apiece and Martin Frk and Konrad Abeltshauser right behind, registering four each.

The series now shifts to Gatineau for games 3, 4 and 5, if necessary, on Tuesday, Wednesday and Friday.



Defenceman Austyn Hardie delivers a check to Gatineau Olympiques' Martin Reway. JEFF HARPER/METRO

Quoted

"We won two games at home and now it's time to do it on the road." Dominique Ducharme

Herd's defensive play draws high praise from coach

As happy as Dominique Ducharme is about his team's offensive production, he's just as happy about his players' defensive effort.

The Halifax Mooseheads' head coach watched his

squad put on a defensive clinic over the weekend, holding Gatineau scoreless in the first two games of their best-of-seven quarter-final series.

"We've led the league in fewest goals against, that

wasn't by chance," said Ducharme. "We wanted to raise our game for this round and that's what we're doing. From the first player to the last one, everyone is committed to making sure we take

care of the fine details."

As the Mooseheads now travel to Gatineau, Ducharme's message remains the same.

"We're happy about the two games but at the same

time we're not satisfied. We'll be satisfied when we're done and we'll take it one game at a time. We won't change our mindset and we won't get too excited."

ANDREW RANKIN/METRO

4 SPORTS

Socked! Blue Jays' Dickey decimated by Boston batters

MLB. Former manager John Farrell gets last laugh, leaving Toronto with series win after blowout finale

He's 0-2 with a lofty 8.44 earned-run average and opponents are hitting .326 against him. But R.A. Dickey feels he's very close to the form that made him a 2012 Cy Young Award winner.

Will Middlebrooks homered three times and doubled as the Boston Red Sox hit knuckleballer Dickey hard early en route to a lopsided 13-0 win in Toronto on Sunday afternoon.

"I think you try to draw from some of the past experiences and know that a day like



Jays pitcher R.A. Dickey allowed seven earned runs in 4 2/3 innings. CHRIS YOUNG/THE CANADIAN PRESS

today is the anomaly, not the norm," Dickey said. "I've traditionally gotten off to pretty slow starts in the past. I'm not

sure why, that's just the way it has been.

"I'm looking forward to the rest of the month. I know I'm close and so if I can just kind of sit in that, that I'm almost there, I think it will be all right."

Fortunately for Dickey, he doesn't have far to look. In April 2012, Dickey surrendered eight earned runs over 4 1/3 innings in a 14-6 loss to Atlanta, his worst performance as a New York Met, and still posted a 20-6 record last season.

"Atlanta last year was maybe a tad worse than this one," Dickey said. "You have to understand with 33 starts you have a handful you just have to throw out and hopefully the majority of them end up the way you want."

THE CANADIAN PRESS

Gymnastics

Halifax gymnast takes bronze in World Cup debut

Halifax gymnast Ellie Black captured a bronze medal in her all around World Cup debut Sunday.

The Halifax native, a member of Canada's 2012 Olympic team, was third after Saturday's vault and uneven bars, then maintained her overall ranking after placing fourth on floor and third on beam Sunday.

Asuka Teramoto of Japan won the gold, overtaking first-day leader Peyton Ernst of the U.S., who finished second.

Black, who played a key role helping the Canadian women's team achieve a best-ever fifth place finish at the London Olympics, won her first World Cup medals less than a year ago at an individual-event meet in Croatia.

"It was different this time because it was an all around event, so I was very excited to see what it was all about," said Black.

THE CANADIAN PRESS



Sweden ends Canadian reign

Canada skip Brad Jacobs reacts to a shot during the gold-medal draw against Sweden at the World Men's Curling Championship in Victoria, B.C., Sunday. Canada's world men's curling championship reign has ended after three years with Jacobs' Northern Ontario rink falling 8-6 to Sweden's Niklas Edin. JONATHAN HAYWARD/THE CANADIAN PRESS

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metro

NBA

EASTERN CONFERENCE

| | W | L | Pct | GB |
|--------------|----|----|------|-----|
| z-Miami | 60 | 16 | .789 | — |
| x-New York | 50 | 26 | .658 | 10 |
| y-Indiana | 48 | 29 | .623 | 12½ |
| x-Brooklyn | 44 | 32 | .579 | 16 |
| x-Chicago | 42 | 34 | .553 | 18 |
| x-Atlanta | 42 | 36 | .538 | 19 |
| x-Boston | 40 | 37 | .519 | 20½ |
| x-Milwaukee | 37 | 39 | .487 | 23 |
| Philadelphia | 31 | 45 | .408 | 29 |
| Toronto | 29 | 48 | .377 | 31½ |
| Washington | 29 | 48 | .377 | 31½ |
| Detroit | 26 | 52 | .333 | 35 |
| Cleveland | 24 | 52 | .316 | 36 |
| Orlando | 19 | 59 | .244 | 42 |
| Charlotte | 18 | 59 | .234 | 42½ |

WESTERN CONFERENCE

| | W | L | Pct | GB |
|-----------------|----|----|------|-----|
| x-San Antonio | 57 | 20 | .740 | — |
| x-Oklahoma City | 56 | 21 | .727 | 1 |
| x-Denver | 53 | 24 | .688 | 4 |
| y-L.A. Clippers | 51 | 26 | .662 | 6 |
| x-Memphis | 52 | 25 | .675 | 5 |
| Golden State | 44 | 33 | .571 | 13 |
| Houston | 43 | 34 | .558 | 14 |
| Utah | 41 | 37 | .526 | 16½ |
| L.A. Lakers | 40 | 37 | .519 | 17 |
| Dallas | 38 | 39 | .494 | 19 |
| Portland | 33 | 44 | .429 | 24 |
| Minnesota | 29 | 47 | .382 | 27½ |
| New Orleans | 27 | 50 | .351 | 30 |
| Sacramento | 27 | 50 | .351 | 30 |
| Phoenix | 23 | 54 | .299 | 34 |

x — clinched playoff berth; z — clinched conference.

SUNDAY'S RESULTS

New York 125 Oklahoma City 120
L.A. Clippers 109 L.A. Lakers 95
Boston 107 Washington 96
Cleveland 91 Orlando 85
Memphis 89 Sacramento 87
Detroit 99 Chicago 85
Utah 97 Golden State 90
Dallas 96 Portland 91
New Orleans 95 Phoenix 92

SATURDAY'S RESULTS

Washington 104, Indiana 85
Brooklyn 105, Charlotte 96
Miami 106, Philadelphia 87
Minnesota 107, Detroit 101
San Antonio 99, Atlanta 97
Milwaukee 100, Toronto 83
Denver 132, Houston 114

NHL

EASTERN CONFERENCE

| | GP | W | L | OTL | SL | GF | GA | Pt |
|--------------|----|----|----|-----|----|-----|-----|----|
| d-Pittsburgh | 39 | 29 | 10 | 0 | 0 | 127 | 95 | 58 |
| d-Montreal | 38 | 25 | 8 | 3 | 2 | 120 | 91 | 55 |
| d-Washington | 39 | 20 | 17 | 2 | 0 | 117 | 110 | 42 |
| Boston | 37 | 24 | 9 | 2 | 2 | 102 | 79 | 52 |
| Toronto | 38 | 21 | 13 | 0 | 4 | 117 | 106 | 46 |
| Ottawa | 38 | 19 | 13 | 2 | 4 | 94 | 85 | 44 |
| NY Rangers | 38 | 19 | 15 | 0 | 4 | 93 | 90 | 42 |
| NY Islanders | 39 | 19 | 16 | 3 | 1 | 113 | 119 | 42 |
| New Jersey | 39 | 15 | 14 | 3 | 7 | 92 | 106 | 40 |
| Winnipeg | 40 | 19 | 19 | 0 | 2 | 98 | 120 | 40 |
| Buffalo | 39 | 16 | 17 | 2 | 4 | 105 | 118 | 38 |
| Philadelphia | 38 | 17 | 18 | 1 | 2 | 106 | 118 | 37 |
| Carolina | 37 | 16 | 19 | 1 | 1 | 97 | 115 | 34 |
| Tampa Bay | 38 | 16 | 20 | 0 | 2 | 121 | 114 | 34 |
| Florida | 39 | 13 | 20 | 5 | 1 | 96 | 132 | 32 |

WESTERN CONFERENCE

| | GP | W | L | OTL | SL | GF | GA | Pt |
|-------------|----|----|----|-----|----|-----|-----|----|
| d-Chicago | 38 | 29 | 5 | 0 | 4 | 128 | 83 | 62 |
| d-Anaheim | 39 | 26 | 8 | 2 | 3 | 121 | 98 | 57 |
| d-Vancouver | 38 | 21 | 11 | 1 | 5 | 103 | 95 | 48 |
| Los Angeles | 39 | 22 | 13 | 1 | 3 | 114 | 96 | 48 |
| San Jose | 38 | 20 | 11 | 3 | 4 | 98 | 94 | 47 |
| Minnesota | 38 | 22 | 14 | 1 | 1 | 103 | 97 | 46 |
| St. Louis | 37 | 21 | 14 | 1 | 1 | 106 | 98 | 44 |
| Detroit | 39 | 19 | 15 | 3 | 2 | 99 | 101 | 43 |
| Phoenix | 38 | 17 | 15 | 2 | 4 | 105 | 104 | 40 |
| Dallas | 38 | 18 | 17 | 2 | 1 | 104 | 117 | 39 |
| Edmonton | 38 | 16 | 15 | 4 | 3 | 100 | 106 | 39 |
| Columbus | 39 | 16 | 16 | 3 | 4 | 91 | 104 | 39 |
| Nashville | 40 | 15 | 17 | 2 | 6 | 96 | 109 | 38 |
| Calgary | 37 | 13 | 20 | 1 | 3 | 99 | 133 | 30 |
| Colorado | 38 | 12 | 21 | 4 | 1 | 89 | 121 | 29 |

SUNDAY'S RESULTS

St. Louis 1 Detroit 0
Dallas 5 San Jose 4 (SO)
Florida 2 Ottawa 1
Minnesota 3 Columbus 0
Washington 4 Tampa Bay 2
Chicago 5 Nashville 3
Buffalo 3 New Jersey 2 (SO)
Anaheim 4 Los Angeles 3 (SO)

SATURDAY'S RESULTS

Winnipeg 4 Philadelphia 1
Chicago 1 Nashville 0
Los Angeles 4 Edmonton 1
NY Islanders 4 Tampa Bay 2
Toronto 2 New Jersey 1
NY Rangers 4 Carolina 1
Montreal 2 Boston 1
Washington 4 Florida 3
Phoenix 4 Colorado 0
Vancouver 5 Calgary 2

MLB

AMERICAN LEAGUE

| EAST DIVISION | | | | |
|---------------|---|---|------|----|
| | W | L | Pct | GB |
| Boston | 4 | 2 | .667 | — |
| Baltimore | 3 | 3 | .500 | 1 |
| Tampa Bay | 3 | 3 | .500 | 1 |
| New York | 2 | 4 | .333 | 2 |
| Toronto | 2 | 4 | .333 | 2 |

| CENTRAL DIVISION | | | | |
|------------------|---|---|------|----|
| | W | L | Pct | GB |
| Chicago | 4 | 2 | .667 | — |
| Minnesota | 4 | 2 | .667 | — |
| Cleveland | 3 | 3 | .500 | 1 |
| Detroit | 3 | 3 | .500 | 1 |
| Kansas City | 3 | 3 | .500 | 1 |

| WEST DIVISION | | | | |
|---------------|---|---|------|----|
| | W | L | Pct | GB |
| Oakland | 5 | 2 | .714 | — |
| Texas | 4 | 2 | .667 | ½ |
| Seattle | 3 | 4 | .429 | 2 |
| Los Angeles | 2 | 4 | .333 | 2½ |
| Houston | 1 | 5 | .167 | 3½ |

SUNDAY'S RESULTS

N.Y. Yankees 7 Detroit 0
Boston 13 Toronto 0
Minnesota 4 Baltimore 3
Cleveland 13 Tampa Bay 0
Chicago White Sox 4 Seattle 3 (10)
Oakland 9 Houston 3
Texas 7 L.A. Angels 3

MONDAY'S GAMES — All Times Eastern
Baltimore (Chen 0-0) at Boston (Buchholz 1-0), 2:05 p.m.
N.Y. Yankees (Kuroda 0-1) at Cleveland (Jimenez 0-0), 4:05 p.m.
Minnesota (Correia 0-0) at Kansas City (Santana 0-1), 4:10 p.m.
Tampa Bay (Hellickson 0-0) at Texas (Ogando 1-0), 8:05 p.m.
Houston (Humber 0-1) at Seattle (Saunders 0-1), 10:10 p.m.

NATIONAL LEAGUE

SUNDAY'S RESULTS
Cincinnati 6 Washington 3
N.Y. Mets 4 Miami 3
Kansas City 9 Philadelphia 8
Atlanta 5 Chicago Cubs 1
Arizona 8 Milwaukee 7 (11)
L.A. Dodgers 6 Pittsburgh 2
Colorado 9 San Diego 1
St. Louis 14 San Francisco 3

Horoscopes

♈ Aries

March 21 - April 20

Let fate be your guide. The approaching new moon means you have nothing to fear and everything to look forward to, so stop worrying and expect good things to happen.

♉ Taurus

April 21 - May 21

You must listen to your inner voice more over the next few days. It wants to tell you something you need to know, something that will make your life more exciting and enjoyable.

♊ Gemini

May 22 - June 21

An idea you had a while back, which you then forgot, will pop back into your head today, and this time you must not let it slip away.

♋ Cancer

June 22 - July 23

It may seem as if a friend or work colleague has deceived you in some way but more likely you are getting angry for no good reason.

♌ Leo

July 24 - Aug. 23

This week's new moon means you can expect life to take a turn for the better. Not that it's too bad at the moment but you have been worrying a lot about certain issues. Forget them, they really don't matter.

♍ Virgo

Aug. 24 - Sept. 23

Your vibrant personality draws people to you. Everyone wants to be your friend. If you are free and single this is an excellent time for new romance. If you are attached, spice up your love life.

♎ Libra

Sept. 24 - Oct. 23

You want to believe that a certain person is trustworthy but something about their attitude makes you wonder if that is wise. Listen to your instincts – they rarely let you down.

♏ Scorpio

Oct. 24 - Nov. 22

A creative idea could make you a fortune, IF you have the courage to follow it through to completion. Don't let everyone know about it though.

♐ Sagittarius

Nov. 23 - Dec. 21

Life is good and will get even better. The approaching new moon suggests it's time to step up a gear and make sure the world knows who you are and what you can do.

♑ Capricorn

Dec. 22 - Jan. 20

Whatever it is you are working on will bring huge success. Friends and rivals will be amazed at how quickly and easily you turn a good idea into a concrete reality.

♒ Aquarius

Jan. 21 - Feb. 19

Social activities of all sorts will bring you a great deal of joy over the next few days. Don't sit at home staring at the same four walls, get out there and have fun.

♓ Pisces

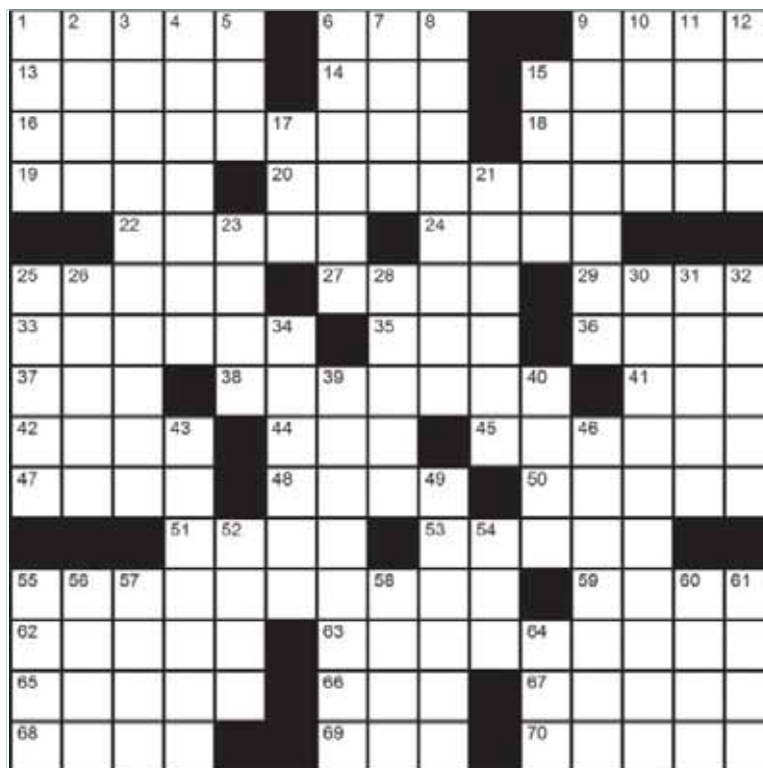
Feb. 20 - March 20

A number of things in your life may look the wrong way up at the moment but before this week is over everything will make perfect sense. Just wait, watch and listen between now and Wednesday. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Country legend Ms. Cline
- Nero's 1101
- Not us
- "Elvis: ___ from Hawaii" (Satellite-beamed special of 1973)
- Geological period
- What place?
- They're frequently applied on "Dancing with the Stars": 2 wds.
- Luau dances
- Selected
- St. Francis Xavier University's locale in Nova Scotia
- Rain clouds
- Alum
- Canadian performers' union
- Ms. Yothers of "Family Ties"
- Bible mountain
- Sandbanks
- X - III = ?
- Mil. unit
- Oz musical, with The
- Opera great Mr. Pavarotti
- Scheming
- Succulent plant
- Bakery offering
- The ___ Family (Family of Canadian hockey players)
- ___ sign
- Halts
- Uses a sieve
- Bereft, in poetry



- TV clicker, when used to decrease volume
- Conrad Black, formerly: 2 wds.
- Prima donna
- Be a being
- Canadian voicer

- Shrek: 2 wds.
- Demise
- 'Verb' suffix (Wordy)
- Actress Ms. Suvari's
- Baffin, et al.
- "The Simpsons"

- character Mr. Flinders
- Subtractin' opposite

Down

- Yore
- Dog food brand

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

- "Whoopee!"
- Be sincere: 2 wds.
- Abbr. indicating there's another page
- Badge
- ___ Bay, Ontario
- Prefix to 'copter'
- Epochs
- Interlock
- "Slow down!"
- Key above Caps Lock
- Millet, and others
- West Edmonton
- Nile River dam
- South American country
- Covered-in-foliage buildings
- Dearest pal: 2 wds.
- Shoelace tip
- ___, ___. (Astr. length units)
- Brilliant
- Raisin toast spice
- Boot
- Signs up
- Like psychedelict-style T-shirts
- Montreal specialty, ___ meat
- Pledge
- 'Trib' ending
- ___spa
- Former flames
- Radio tuner
- Ascend
- True: French
- 'A' of NBA, for short
- UFC sport

Friday's Crossword

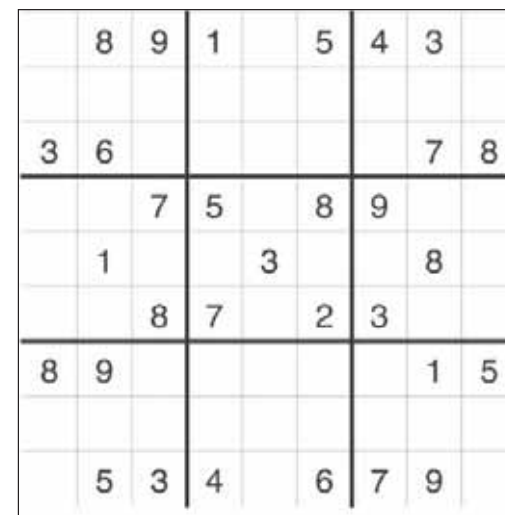


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Today

10°/4°
Showers
40%

Tuesday

9°/4°
Showers
40%

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